

Bsd

## **Chaburah 25 – Sefer Tanya Perek 37, Ohr Ha'meir Parshas Ki Tisa**

As we try to define what our Neshamos are, a very important question comes up. The Derech Mitzvosecha [Mekor learned in the previous Chaburah], when discussing our Neshamos uses the description of our Neshamos as being "Nitzotzos". This description as a definition of the Neshama is even more explicit in Sefer Tanya:

Source: Sefer Tanya, Perek 37

If so, the question becomes: What is the Difference between our Neshamos – called Nitzotzos – and the Nitzotzos that are spread throughout all the experiences in this world that surround us? Are we also, just another "experience" in this world, an infinitesimal "piece of Infinity" just like all the other Nitzotzos, or is there something special in our existence that is incomparable to any of the other Nitzotzos?

In order to answer this question, we learn first in today's Chaburah, a piece from Sefer Ohr Hameir (a talmid of the Maggid zy"ta), where he essentially describes what it means to "uplift" the "Nitzotzos":

Source: Ohr Hameir, Parshas Ki Tisa, piece beginning "Va'hasirosi es Kapi"

Summary of the piece learned today: The approach to use when "uplifting" any Nitzos (Pleasure) from one of the Physical Permissible experiences, is to reconnect the Pleasure through our thoughts to its Source Level Above.

The Ohr Hameir explains that although all the pleasures of this world seem disconnected from each other, really, on a spiritual level, they are all interconnected – because they are all sourced in The Framework of G-dly Traits Above. When we experience any physical permissible pleasure, we have the faculty and the ability *through our thoughts*, to identify the Source Level of that particular pleasure – namely, its Source "Place" within the Framework of G-dly Traits Above. Once we are able to identify its source within "The Framework", we can then proceed [internally, in our thoughts] to *unite* that source all the other pleasures in the world, to be interconnected and to be considered all One, by virtue of the fact that all the Nitzotzos (Pleasures in this world) are unified within their Ultimate place of origin: The Source of the Framework Itself.

That's what "lifting up the Nitzos" means: As we are going through the experience of any Nitzos - a Physical Permissible Pleasure - we can connect it in our thoughts, back to its unique Source Above within The Framework. We can then proceed to sense how, at that level, really all the Pleasures that exist in the world are "Really One", by virtue of the fact that they all emanate from, and are, essentially, super-included within One Source that they all emanate from.

Conclusion: It is now clear to us that the source for all the Nitzotzos of the Physical Permissible Pleasures in this world is somewhere within the The Framework of G-dly Traits Above – similar to what we learned in the previous Chabura that our Neshamos are essentially sourced within the The Framework of G-dly Traits Above.

Now we just need to answer our original question: So what constitutes the difference between our Neshamos, that are Nitzotzos from The Framework of G-dly Traits Above, and the Nitzotzos spread throughout the entire world that also sourced in The Framework of G-dly Traits Above?